

**Marble:** Love licorice? This bar is for you!! *Ingredients:* Olive Oil, Coconut Oil, Distilled Water, Palm Oil, Palm Oil, Sodium Hydroxide, Avocado Oil, Castor Oil, Star Anise Essential Oil, Midnight Black Clay.

**Pine Tar:** Unscented bar with 20% pine tar, this soap helps irritated skin feel better. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Pine Tar, Palm Oil, Sodium Hydroxide, Shea Butter, Cocoa Butter, Castor Oil.

**'Stash Shaving Soap:** Made for the man who likes to use a brush; soothing, good lather and great slip. *Ingredients:* Olive, Coconut, Palm, Avocado, and Castor oils, Cocoa Butter, Stearic Acid, Sodium Hydroxide, Distilled Water, Kaolin Clay, Vegetable Glycerin, Peppermint and Spearmint Essential Oils.



~~~~~

Our **soap** is made with food grade oils and quality ingredients including olive, coconut, palm, jojoba, sweet almond and castor oils; cocoa, shea and mango butters as well as local honey and Fair Trade coffee. We make our soap by hand and yes, it is made with sodium hydroxide (or lye) because true soap cannot be made without it. The lye is totally consumed during saponification leaving none in the finished soap. We use Essential Oils in our regular line of soaps (or leave them unscented), and Fragrance Oils in our limited edition soap. We leave our soap to cure for a few weeks to ensure you have the mildest and hardest bar possible. Because some people have sensitivities to specific scents and/or ingredients, please read the labels or ingredient lists before you buy. If you experience any adverse effects, discontinue use immediately and contact us.

Handcrafted soap does need a little TLC in order to remain long-lasting. Because it can get soft if left on a flat surface when wet, it should be kept on a surface that allows air circulation, such as our wooden soap decks.

~~~~~

**Custom orders** of soap are welcome whether for a gift, a wedding, for party favours or because you have specific ingredient issues. I would be delighted to discuss your specific needs and budget,

~ Ann McGee

All our soap has been registered with Health Canada.

Updated August 20, 2009



PO Box 785  
Westville, NS B0K 2A0

Phone: 902-895-5836  
Fax: 902-695-6326  
E-mail: [info@millstreamcrafts.com](mailto:info@millstreamcrafts.com)



Quality Handcrafted  
Soap

## Size and Price

### Soap

6.00\*

All soap is cut by hand so weight will vary, however all soap will weigh in excess of what is marked on the wrapper. Most soap weighs 130g (4oz) or more.

### Sets and Specials

Purchase any two bars of soap and receive a wooden soap deck FREE with our compliments.

Purchase any four bars of soap and pay only 21.00.

Cook's Kitchen Set - 10.00  
1 bar Coffee Kitchen Scrub Soap, plus one wooden Soap Deck, plus a hand knit Dish-cloth.

Gardener's Hand Saver Set - 10.00  
1 bar Gardener's Soap, plus one wooden Soap Deck, plus one pair Gardening Gloves.

Shaving Soap Set - one soap 30.00  
two soaps - 35.00

Soap, plus Pottery Shaving Bowl\*\*, plus Shaving Brush-

### Accessories

Wooden Soap Decks - Each - 2.50

Pottery Soap Dishes\*\* - Glazed - Each 8.50

- Unglazed - Each 6.00

\*\*From Thrown Together Pottery and Art, Truro. Each one is unique!

## Regular Line

**Cleansing Clay:** Great bar for oily skin. Clays absorb the excess surface oil. *Ingredients:* Olive Oil, Coconut Oil, Distilled Water, Palm Oil, Sodium Hydroxide, BC Glacial Clay, Rhassoul Clay

**Coffee Kitchen Scrub:** Made with Fair Trade coffee, excellent for cleansing and removing odors. *Ingredients:* Palm Oil, Distilled Water, Olive Oil, Coconut Oil, Sodium Hydroxide, Canola Oil, Fair Trade Coffee Beans, Pumice

**Gardener's Soap:** Fresh scents of Eucalyptus and Spearmint combined with the scrubbing effects of poppy seed and cornmeal. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Shea Butter, Cocoa Butter, Spearmint Essential Oil, Cornmeal, Poppy Seed, Eucalyptus Essential Oil.

**Lavender from the Sea:** Calming Lavender essential oil combined with sea algae to indulge the skin. *Ingredients:* Distilled Water, Olive Oil, Coconut Oil, Palm Oil, Canola Oil, Sodium Hydroxide, Cocoa Butter, Lavender Essential Oil, Sea Algae, Patchouli Essential Oil, Violet Ultramarine Pigment.

**Lemon-Lime Zest:** Refreshing and light with lemon and lime essential oils and real lemon and lime peel. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Cocoa Butter, Lemon Essential Oil, Lime Essential Oil, Lemon Zest, Lime Zest, Chromium Oxide (Green Pigment), Iron Oxide (Yellow Pigment).

**Lemongrass:** Fresh green scent and soothing to the skin. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Castor Oil, Lemongrass Essential Oil, Lemon Essential Oil, Lime Essential Oil, French Green Clay

**Lime Cooler:** - Lime and Peppermint essential oils cool and soothe the skin. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Avocado Oil, Sweet Almond Oil, Castor Oil, Lime Essential Oil, Peppermint Essential Oil, Litsea Cubeba Essential Oil.

**Oatmeal & Honey:** Oatmeal to gently exfoliate, honey for moisturizing and to boost lather. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Sodium Hydroxide, Palm Oil, Canola Oil, Castor Oil, Honey, Oatmeal, Shea Butter.

**Outrageously Orange:** Fresh Citrus, loaded with the delicious scent of three Orange Essential Oils. *Ingredients:* Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Castor Oil, Sweet Almond Oil, Avocado Oil, Red Mandarin, Sweet Orange, Tangerine and Litsea Cubeba Essential Oils, Iron Oxides (Yellow and Red)

**Only Olive:** Nothing is more mild and gentle than olive oil. *Ingredients:* Olive Oil, Distilled Water, Sodium Hydroxide.

**Just Patchouli:** Cocoa and Shea Butters give this bar a lovely, rich feel; Patchouli Essential Oil. *Ingredients:* Olive Oil, Distilled Water, Palm Oil, Coconut Oil, Sodium Hydroxide, Castor Oil, Cocoa Butter, Shea Butter, Patchouli Essential Oil, Silk Amino Acids.

**Sarah's SuperMint:** - Energizing and Stimulating; contains Peppermint and Spearmint Essential Oils. *Ingredients:* Olive Oil, Palm Oil, Distilled Water, Coconut Oil, Sodium Hydroxide, Peppermint Essential Oil, Spearmint Essential Oil, Peppermint Leaves.

**Simply Unscented:** Scent free and full of moisture. Perfect for sensitive skin, no matter what your age. *Ingredients:* Calendula infused Olive Oil, Distilled Water, Coconut Oil, Palm Oil, Sodium Hydroxide, Castor Oil

**Sweet Orange Patchouli:** Earthy Patchouli is balanced with Sweet Orange for a beautiful blend. *Ingredients:* Olive Oil, Palm Oil, Distilled Water, Coconut Oil, Sodium Hydroxide, Hemp Seed Oil, Patchouli Essential Oil, Sweet Orange Essential Oil, Silk Amino Acids, Iron Oxides (Red, Yellow), Ultramarines (Blue).

**Tea Tree & Peppermint:** Bright scent of Peppermint balances the soothing effects of Tea Tree oil. *Ingredients:* Distilled Water, Olive Oil, Palm Oil, Coconut Oil, Sodium Hydroxide, Canola Oil, Shea Butter, Castor Oil, Tea Tree Essential Oil, Peppermint Essential Oil, Patchouli Essential Oil, Chromium Oxide (Green)

**Orange Ice Cream Float Spa Bar:** Creamy lather, smells of summer days and Ice Cream! *Ingredients:* Coconut Oil, Distilled Water, Olive Oil, Medium and Fine Grind Sea Salt, Sodium Hydroxide, Bitter Orange Essential Oil, Litsea Cubeba Essential Oil, Orange Colour.

**Blueberry Cobbler Spa Bar:** Scent of blueberries combined with the advantages of salt in the bath. *Ingredients:* Coconut Oil, Dead Sea Salt, Distilled Water, Olive Oil, Sodium Hydroxide, Fragrance, Ultramarine Blue Pigment.

**Granite:** For the hard working guy. Lots of scrubby bits to get the dirt off and sweet orange oil to cut grease. *Ingredients:* Palm Oil, Olive Oil, Distilled Water, Coconut oil, Sodium Hydroxide, Canola Oil, Cocoa Butter, Sweet Orange Oil, Coffee, Cornmeal, Pumice, Poppy